

## THE BENEFITS

Mediation is **free** to all.

It can help resolve the problem and bring people together.

Mediation can repair relationships that have broken down.

Mediation is independent with no legal powers, no connection to the police, council or any other authority and it is **completely confidential.**

Mediation can offer the opportunity to explore a resolution between parties but is not for everybody.

Any agreement by the parties is their agreement and is not influenced by any other party.

Mediation is a very good start to help resolve current difficulties and can give you skills to help resolve potential conflicts.



Please contact us for further details:

### CHAT MEDIATION SERVICE

28 Gold Street  
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Devon  
EX16 6PY

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Web address: [www.chatmid.co.uk](http://www.chatmid.co.uk)

CHAT is an Equal Opportunities Organisation. CHAT believes everyone has the right to live their life free from violence, fear and abuse

#### Patrons:

The Right Revd. Christopher Budd,  
Bishop of Plymouth.  
The Right Revd. Michael Langrish,  
Anglican Bishop of Exeter.

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## CHAT YOUNG PEOPLE AND FAMILY MEDIATION SERVICE

For parents/carers and  
young people aged 13-19

Anxious?

HURT?  
SCARED?

STRESSED?

Parent  
carers, r u at  
ur wits end?

BEING AT HOME CAN BE TOUGH!!



***Relationship breakdown is one of the key causes and results of youth homelessness***

### **WHY YOUNG PEOPLE ?**

Most young people become homeless as a result of family problems and most do so before the age of 19 years, often these problems are due to everyday family circumstances.

### **WHAT IS MEDIATION ?**

Mediation gives people the opportunity to deal with disputes and helps those involved to reach an agreement that suits everyone. It is a voluntary process that is confidential and supported by impartial, specially trained mediators who understand that you may be angry, upset, worried or frightened.

### **OUR AIM**

**To help both parties discuss their options. Choose what they want to change about their current circumstances and promote better relationships.**

### **HOW DOES IT WORK**

- After receiving your referral, we will contact you and arrange to meet for a chat.
- With your consent we will contact the other party involved.
- Should you wish to continue with the process, we will arrange a meeting with both of you.
- The mediators will explore with each party ways to resolve the problem, hopefully an agreement will be reached.
- When an agreement is reached, you can keep in touch for future assistance.

### **DOES IT REALLY WORK ?**

Yes, if you really want it to. There is no pressure to do something or agree to something you don't want to do.

You don't know unless you try, and have nothing to lose. Have your say and be heard.

### **WHY MEDIATION ?**

Mediation is voluntary and is available free to those who need it.

It's sometimes hard to sort out family disputes. With our help you may avoid becoming homeless or being in the position of asking a loved one to leave home.

Mediators will treat your views and feelings with respect at all times.