

Harvest Wish List 2025

No one should have to struggle to put food on the table, yet every day we see people who are. In just one month, we provided 161 emergency food parcels to households facing urgent need, and our affordable food pantry now supports over 65 households every week.

We couldn't do this without your help and you can be sure every donation is making a big difference.



Long-life Milk
Tea/Coffee
Tinned Pies
Tinned Chilli/Curry
Tinned Vegetables
Tinned Sausage & Beans
Tinned Meat/Fish
Tinned Hotdogs
Pasta Sauce
Pasta/Rice
Squash

Pot Noodles
Custard/Rice Pudding
Tinned Fruit
Biscuits
Cereal

Non-Food Items
Toilet Rolls
Washing Up Liquid
Toiletries
Feminine Hygiene

“Before using the pantry I had £20 a week for food and the cupboards would have nothing in them by Friday.

Now when I open the cupboard I have a choice of what to eat.”

Please drop donations at: Coggan's Well House, Tiverton EX16 6LU, 9:30am-4.30pm Monday- Friday. (Please note: We are only able to give out in date and unopened items.)

You can also donate items via our Amazon Harvest Wishlist www.amzn.to/3VeMdaZ or an online supermarket shop for delivery straight to us.



Since 1995, CHAT has been supporting those facing housing challenges and helping people rebuild their lives. Together we can make sure no one is hungry or without a home. If you are able, please consider making a financial donation via www.chatmid.org/donating

Would your school, group or workplace like a talk about our work?
Contact Holly at holly.reid@chatmid.co.uk

THANK YOU FOR YOUR SUPPORT



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www.chatmid.org



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Bringing Hope throughout Mid Devon

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